



ALCHEMY CYCLING CLUB

THE DIFFERENCE

Alchemy Cycling Club Code of Conduct 2021

Alchemy Cycling Club is an amateur cycling club, which has been formed out of a merger between Esmero and New Horizons Cycling Club

This code defines the behaviour we expect from Alchemy Cycling Club members to enhance and protect the reputation of our club and to promote safe cycling. It is of the utmost importance that we strive to provide a safe cycling environment for all our members as well as for our visitors.

1. We always obey the designated Ride Captain/s and Marshall/s as safety is our primary concern.
2. We ride responsibly and do not act in a manner that could compromise the safety and health of our fellow cyclists; we point out road hazards such as potholes, glass, bottles, and the like. We signal loudly and clearly the nature of the hazard/s e.g. approaching car.
3. We never discharge any bodily fluids, spit, or urine in a way that lands upon another rider, or in an offensive manner whilst riding.
4. We never ride more than two abreast where there is a shoulder and we always cycle single file when the road narrows or when requested to do so by a Marshall and/or Captain.
5. We are respectful and courteous to motorists, pedestrians, and fellow cyclists (including our own club members), regardless of gender, creed or colour. This includes observance of the Club's Electronic Communication Policy.
6. We observe all applicable traffic rules and approach intersections with caution even if we have the right of way. The Ride Captain or Marshall will always signal loudly when we approach a red robot or stop street and will indicate when clear. Riders in club kit must obey the rules of the road, at club rides or elsewhere.
7. We always stop to assist when one of our cyclists or visitors has a puncture or a mechanical breakdown. The Ride Captain and/or Marshall may at his or her discretion advise the group to cycle ahead while one or two members assist the affected cyclist.
8. We never leave any cyclist behind regardless of ability or form. The Ride Captain and/or Marshall may nominate a member to look after the slower cyclists on a particular day while the rest of the group cycles at a faster pace.
9. We participate in club activities and always assist as and when required on proviso that time permits.
10. We always wear our club kit at every Saturday ride, at every race or when requested to do so. Unity and camaraderie are paramount at Alchemy. Members are permitted to wear the kit of their club of origin on Sunday rides.

11. We encourage all members to wear an identification band with their personal and medical aid details. We insist that every member has an "ICE" (in case of emergency) number saved on their cell phone; to this effect it is advisable to cycle with a cell phone. It is optional (and advisable) to have an ER24 or similar subscription.
13. We always welcome visitors without prejudice and are committed to growing our club.
14. We have no religious bias and we do not discuss religion, nor the lack thereof.
15. We will not consume alcohol nor drugs (performance enhancing and recreational) while wearing our club colours. No members are to ride under the influence of alcohol nor are they to use performance enhancing drugs.
16. We do not litter, and cyclists are to carry their used energy bar and gel wrappers in their pockets and dispose of them appropriately.
17. Members shall endeavour to keep all subscription dues, kit purchases, and other costs levied from time to time, up to date.
18. Membership of the club is voluntary and membership applications will be reviewed and approved at the discretion of the delegated officials of the club.
19. By submitting an electronic application, an applicant consents to the storage and utilisation of their information for the purposes of operating the Club.

If a member breaches our Code of Conduct in action, word or spirit or is considered to have brought the Club into disrepute; he or she will be cautioned by a club official and may face disciplinary action. The outcome of a disciplinary action may result in said member being sanctioned or at worst, expelled from the club. The sanction applied shall be reasonable and fair in relation to the gravity of the misconduct.

This document forms part of an electronic application process and is deemed to have been signed and agreed to, upon electronic submission of an application, including any revisions, amendments and updates post signature of the application, as currently displayed on the Club's website and/or available on request from the Club.
